

flowtime

**The smartest method
to free up time for
better and safer care**





Health care professionals are often not able to provide the best possible care. We can help them improve. We teach them to become well organised. This will lead to safer and better care and it will boost joy at work.

**Safer care,
less waste,
more joy.**

Benefits

Professionals will work safer, better and with more joy in providing care for their patients with Flow Time.

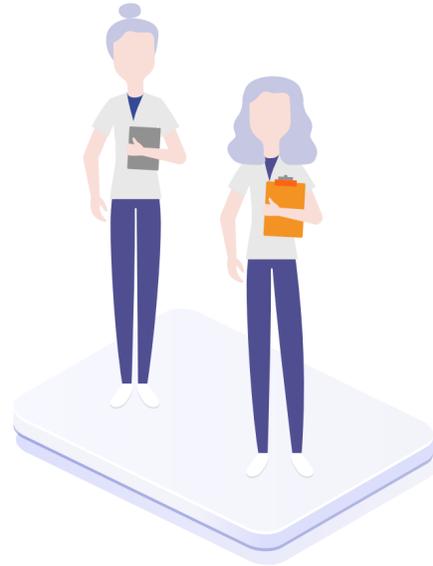
Professionals will experience more time for care, they will be interrupted less often and they will waste less time at avoidable distractions.

Health care organisations will be better aware of how their professionals spend their time. With this knowledge it is possible to facilitate professionals to improve their work.



Using the Flow Time method, health care professionals shadow each other at work. Using the application, the follower will register the activities of the shadowed colleague. They will first select a measurement profile that matches their work process.

Besides activities, the follower will register any interruptions, waste and relevant observations. After completing the measurement, the results will be available immediately in the application.



The goal of the measurement

Determine the goal and choose a measurement profile that will help with getting the desired overview. Then start shadowing.

- * A lot of measurement profiles are available by default. You can also create and edit your own easily.
- * Using this method one professional will shadow the other for a certain period (often a shift or working day).



Analyse the outcomes

After every measurement a report will be available immediately. Discuss the highlights of this report together in light of the goals set.

- * In the platform, results from other wards and the entire organisation will also be available for analysis.
- * Discuss the outcomes with each other and use them in the next step.



Develop new ideas to improve

Using our methodology for analysing the measurement results, you get insights in to waste in your process and how to optimize efficiency.

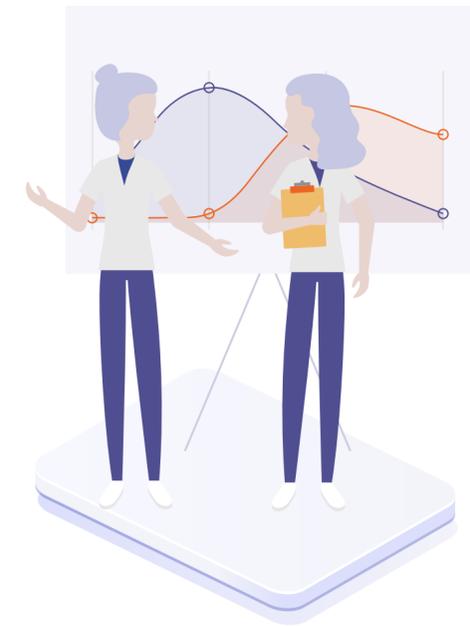
- * We provide quick-win modules with an improvement technique for often encountered situations.
- * You can make use of standard approaches such as Lean and Prisma.



Introduce improvements

The introduction of improvements is the next step. Employ the experience available within your organisation, or ours.

- * We have many tips on how you can introduce and maintain improvements. These are based on the many improvement programmes that our colleagues have executed in the past years. They are available to the users of Flow Time.



Measure again and evaluate

After introducing an improvement, you execute a follow-up measurement. This allows you to discover whether it works in practice.

- * We often see that multiple measurements are executed to determine the effect of an improvement.
- * Every measurement will provide new inspiration to address a new question.



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Interested in Flow Time?

Feel free to contact us to discuss the opportunities for your organisation. We are always curious about your situation and discovering how Flow Time can help your organisation being more effective.



- **1. Request a demo**

Schedule a demo to find out how Flow Time can help your organisation or ward to have more insights.

- **2. Set up your account**

Create your organisation and users that will access Flow Time.

- **3. Follow the courses**

Follow the courses at the Flow Time Academy to make sure everyone involved is well aware of how to use it.

- **4. Set-up measurement profiles**

Identify your primary working processes and set them up in Flow Time. This way the follower can easily register the activities happening during the measurement period.

- **5. Schedule measurements**

Schedule your first measurements!